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BOOK REVIEW

"Pathways of Human Developments: Normal Growth and Emotional Disorders in Infancy, Childhood and Adolescence" by Mohammad Shafii, M.D. and Sharon Lee Shafii, B.S.N., R.N. (published by Thieme-Stratton Inc., N.Y. 1982).

This book, coming out of Louisville School of Medicine, is a soft cover, $7" \times 12"$. 304 page volume. In addition to the two authors mentioned above, eight other "contributing authors" are listed; they include a social worker, four psychologists and three physicians from different parts of the country.

This is a mini textbook with three parts devoted to issues related to child development, psychopathology, and assessment and treatment, respectively. The authors state in the preface, "The germination of the book began while we were students." Its style and the content appear as though one is going through the notes of a dilegent student who has read widely. Thus, a great deal of up-to-date information has been provided on a large number of topics, at times at the expense of depth.

This book is an excellent source of starting information for trainees in child psychiatry and psychiatry. It also is of value to serious students in other mental health professions.

The book is well written, current, and well referenced. However, the information from various schools of thought is presented in a parellel fashion without any attempt at "integration" as claimed in the preface. There is also some unevenness in the contents. Whole chapters (19) devoted to a locally developed behavior check list and (22) on group therapy may raise questions about justifiable use of space. Chapter 17 on mental retardation deals more with organic conditions causing retardation than with the identification and management of mildly

retarded children whom mental health professionals often work with. Similarly, in the treatment section, there is little or no information on working with schools and teachers.

As mentioned above, in spite of various criticisms, the book represents an enormous amount of dedicated work by the Shafiis; and it provides us with a badly needed text which is neither too basic to be elementary nor too encompassing to be a reference work. I strongly recommend it to all psychiatry residents and to serious students of human behavior in other professions.

Khaja M. Ahsanuddin, M.D. Associate Editor

Receipt of the following books, for review, is acknowledged.

- 1. Taha, Ahmed, "The Growing Threat: Smoking and the Muslim World" (Published Jointly by Ta Ha Publishers Ltd and Islamic Med. Association of U.K. & Eire) soft cover, 15 cm × 20 cm, 9 pages, 1982—Price \$0.35.
- Khan, Grulam Mustafa, "Personal Hygiene in Islam" (Published Jointly by Ta Ha Publishers Ltd and Islamic Med. Association of U.K. & Eire) soft cover, 15 cm × 20 cm, 14 pages, 1982—Price \$0.40.
- Khan, Ghulam Mustafa, "AL-DHABH: slaying of animals for food, the Islamic way" (Jointly Published by Ta Ha Publishers and Islamic Med. Association of U.K. & Eire) soft cover, 15 cm × 20 cm, 61 pages, 1982—Price \$1.25.

Relevent addresses for above books:

- Ta Ha Publishers Ltd.
 68a Delancey St., London NW1
 England.
- b- Islamic Medical Association of U.K. & Eire 233 Seven Sisters Road, London N42DA England.